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## Health History Questionnaire

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Main reason for today's visit: \_\_\_\_\_

Other concerns: \_\_\_\_\_

How would you rate your health?  Excellent  Good  Fair  Poor

### Allergies (e.g. medication, food, other)

Item	Reaction (e.g. rash, swelling, etc.)

### Medications

Medication Name	Dosage	Frequency Taken

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_



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**Over the Counter (OTC) Drugs/Supplements**

Medication/Supplement Name	Dosage	Frequency Taken

**Vaccination History**

Vaccine	Date	Vaccine	Date
Flu		Zostavax (Shingles)	
Prevnar (1 <sup>st</sup> series)		Shingrix (Shingles)	
Pneumovax (2 <sup>nd</sup> series, 12 months later)		Hepatitis A	
MMR		Hepatitis B	
Tetanus		Gardasil (HPV)	
Tdap			

**Family History (please mark all that apply)**

Disorder	Mother	Father	Sibling Brother/Sister	Grandparent Paternal/Maternal	Aunt Paternal/Maternal	Uncle Paternal/Maternal
Alcoholism						
Arthritis						
Depression						
Diabetes						
Drug Abuse						
Cancer						
Hypertension						
Heart Disease						
Kidney Disease						
Mental Illness						
Stroke						
Thyroid Disease						
Other:						

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**Social History**

**Tobacco Use:**  Never  Former (Date Quit: \_\_\_\_\_)  Current

Years of Use? \_\_\_\_\_ No. of Packs? \_\_\_\_\_ per Day / Month

**Drug Use:**  Never  Former (Date Quit: \_\_\_\_\_)  Current

What drug(s)? \_\_\_\_\_ Years of Use? \_\_\_\_\_

**Alcohol Use:**  Never  Former (Date Quit: \_\_\_\_\_)  Current

Years of Use? \_\_\_\_\_ No. of Drinks? \_\_\_\_\_ per Day / Month

**History of Falls:** (last 3 months)  No falls  1-2  3 or more

**Do you exercise?** (circle one) Yes No

Type of exercise? \_\_\_\_\_ How often? \_\_\_\_\_

**Do you feel safe at home?** (circle one) Yes No

**Within the past 12 months, have you worried that your food would run out before you got money to buy more?**  Often true  Sometimes true  Never true

**Within the past 12 months, has lack of reliable transportation kept you from doctor's appointments or getting things needed for daily living?** (circle one) Yes No

**What is the highest level of education you have completed?** (circle one)

High School College Graduate School Post Graduate School

**Do you have an advance directive (i.e. living will, power of attorney, trust)?** \_\_\_\_\_ (Y/N)

If not, would you like to discuss obtaining one today? \_\_\_\_\_ (Y/N)

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### Surgical History

Surgery	Date

### Health Maintenance History

Test	Date	Results
Blood Tests		
Bone Density Scan		
Colonoscopy		
Eye Exam		
Mammogram		
PAP Smear		
Physical		

### Functional Levels (Katz ADL) – Please mark the appropriate box

	No Assistance	Some Assistance	Full Assistance
Eating			
Bathing			
Dressing			
Toileting			
Transferring			
Maintaining Continence			
Handling Finances			
Medication Management			

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**Past Medical History (please check all that apply)**

Anemia	Diverticulosis	Kidney Disease	
Anxiety	Diverticulitis	Kidney Stones	
Arthritis	Emphysema	Liver Disease/Hepatitis	
Asthma	Gout	Migraines/Headache	
Bleeding Disorder	Heart Attack	Osteoporosis	
Blood Clots – Legs	Heart Failure	Pulmonary Embolism	
Cancer/Type:	Pacemaker	Seizures	
Colon Polyps	Heart Murmur	Stroke	
COPD	Hiatal Hernia/Acid Reflux	Thyroid Disorder	
Coronary Artery Disease	HIV/AIDS	Tuberculosis	
Dementia	High Cholesterol		
Depression	High Blood Pressure	Other:	
Diabetes	Irregular Heart rate (AFib)		

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Legal Guardian/Caregiver Signature

\_\_\_\_\_  
Date

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_