Do you have an URGENT HEALTHCARE NEED?



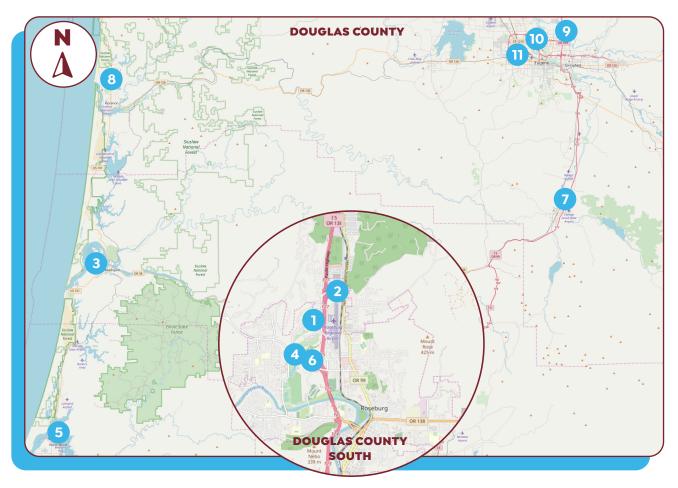
Getting the right care, at the right time, at the right place can **SAVE YOU TIME AND MONEY!**

If you are experiencing one of these conditions, call your primary care provider/ doctor first. If you are not able to visit your primary care provider/doctor or if it is after hours, visit an urgent care near you.

- FLU AND COLD SYMPTOMS
- V FEVER
- BUMPS, CUTS AND SCRAPES
- BACK PAIN
- NAUSEA, VOMITING, DIARRHEA
 OR CONSTIPATION
- HEADACHES
- URINARY SYMPTOMS
- MUSCLE OR JOINT STRAINS OR SPRAINS
- RASHES AND MINOR BURNS
- EAR PAIN OR SINUS PRESSURE
- OTHER NON-LIFE THREATING CONDITIONS

Urgent care LOCATIONS MAP.

See reverse side for listings.





For more information, visit **P3Oregon.org**

DOUGLAS COUNTY URGENT CARE LOCATIONS.

Evergreen Urgent Care (541) 957-1111

2570 NW Edenbower Blvd. Ste. 100 Roseburg, OR 97471 Mon - Fri I 7 AM - 7 PM Sat - Sun I 9 AM - 5 PM X-ray and lab available on-site Walk-ins welcome

Umpqua Health Newton Creek (541) 229-7038

3031 NE Stephens St. Roseburg, OR 97470 **Mon - Fri | 7 AM - 7 PM** X-ray and lab available on-site Walk-ins welcome

3 Lower Umpqua Hospital (541) 271-6309

600 Ranch Rd. Reedsport, OR 97467 **Mon - Fri | 9:30 AM - 6 PM** X-ray or lab not available Appointments required

Nova Health Urgent Care, Roseburg (541) 672-4789

1740 NW Goetz St. Roseburg, Oregon 97471 Mon - Fri | 8 AM - 7 PM Sat - Sun | 8 AM - 6 PM

5 Nova Health Urgent, North Bend (541) 305-4224

1226 Virginia Ave. North Bend, Oregon 97459 **Mon - Sun | 8 AM - 8 PM**

Nova Health Roseburg, Garden Valley (541) 672-4885

780 NW Garden Valley Rd. Ste. 310 Roseburg Oregon 97471 Mon - Fri | 8 AM - 5 PM

7 Nova Health, Cottage Grove (541) 942-7000

1445 N. Gateway Blvd. Cottage Grove, OR 97424 Mon - Fri | 8 AM - 6 PM Sati | 8 AM - 5 PM

Nova Health, Florance (541) 997-1251

4480 Highway 101 Ste. G Florence, OR 97439 Mon - Fri I 8 AM - 5 PM Closed for lunch 12 PM - 1 PM

PeaceHealth Medical Group, Urgent Care, Springfield (541) 222-6005

860 Beltline Rd. Springfield, OR 97477 Mon - Sun | 8 AM - 7 PM

PeaceHealth Urgent Care, Valley River, Eugene (541) 222-7375

1400 Valley River Dr. Ste. 110 Eugene, OR 97401 **Mon - Sun | 8 AM - 7 PM**

PeaceHealth Medical Group, Urgent Care, Eugene (541) 222-7200

3321 W 11th Ave. Eugene, OR 97402 Mon - Sun | 8 AM - 7 PM



of urgent care patients wait **30 MINUTES OR LESS** to see a provider. Cost for ER visits can be **3-5 TIMES** more than an urgent care visits.

Always check with your **HEALTH PLAN** for an up to date list of urgent care locations.



If you are experiencing chest pain, shortness of breath or other life threating emergencies, **CALL 911 IMMEDIATELY**.



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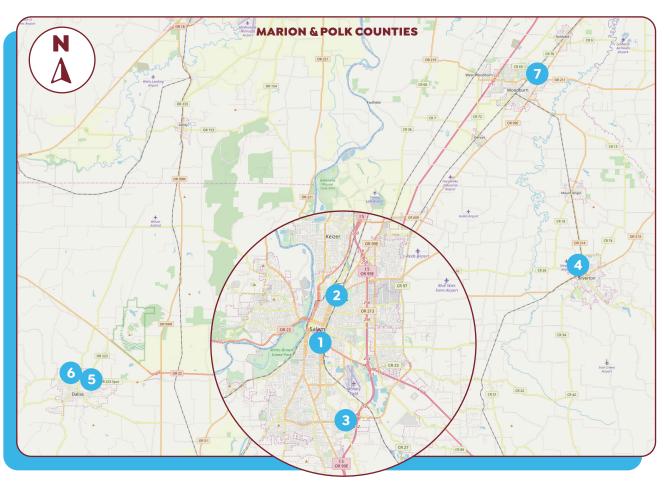
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MARION & POLK COUNTY URGENT CARE LOCATIONS.

Salem Health Urgent Care (503) 561-5554

1002 Bellevue St. SE Salem, OR 97301 **Mon - Sun I 8 AM - 8 PM** X-ray and lab available on-site Appointments required

2 Salem Clinic (503) 399-2424

2020 Capitol St. NE Salem, OR 97301 Mon - Fri | 10 AM - 7 PM Sat - Sun | 10 AM - 5 PM X-ray and lab available on-site Walk-ins welcome

3 Salem Clinic, South (503) 399-2424

2531 Boone Rd. SE Salem, OR 97306 Mon - Fri | 10 AM - 7 PM Sat - Sun | 10 AM - 5 PM X-ray and lab available on-site Walk-ins welcome

of urgent care patients wait 30 MINUTES OR LESS to see

a provider.

Silverton, Urgent Care (503) 873-4115

335 Fairview St. Silverton, OR 97381 Mon - Fri | 5 AM - 9 PM Sat | 12 PM - 9 PM Sun | 12 PM - 6 PM X-ray and lab available on-site Walk-ins welcome

5 Emurgent Care, LLC (503) 623-3199

109B E Ellendale Ave. Dallas, OR 97338 Mon - Sat | 9 AM - 5 PM Sun | 10 AM - 4 PM X-ray and lab available on-site Walk-ins welcome

6 Nova Health Urgent Care, Dallas

186 West Ellendale Ave. Dallas, OR (971) 900-4984 Mon - Sun | 8 AM - 8 PM

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    Legacy Urgent Care,
Woodburn
    (971) 983-5360
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1475 Mt. Hood Ave. Woodburn, OR 97071 Mon - Fri | 10 AM - 6:30 PM Sat | 10 AM - 3 PM

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