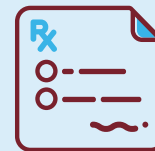


# MEDICATION ADHERENCE.



Medication adherence is vital to achieving optimal outcomes for our patients with chronic conditions, such as diabetes, hypertension and hyperlipidemia.

## Recommendations for ordering 90- and 100-day medication supplies:

- ♥ MEDICATION ADHERENCE FOR A 90-DAY SUPPLY REQUIRES 4 FILLS PER YEAR.  
Covered by the following health plan:  
**UNITED HEALTHCARE | WELLCARE**
- ♥ MEDICATION ADHERENCE FOR A 100-DAY SUPPLY REQUIRES 3 FILLS PER YEAR.  
Covered by the following health plans:  
**AETNA | ALIGNMENT | ANTHEM | HUMANA | SENIOR CARE PLUS**

Any patient that fills a maintenance medication (listed below) at least 2 times per year, will fall into the medication adherence measure denominator.

## List of medications per measure:

<b>Diabetes</b>	Empaglifozin   Glimepride   Glipizide   Glyburide   Janumet   Januvia   Linagliptin   Metformin   Metformin ER   Ozempic   Pioglitazone   Rybelsus   Tolazamide   Trulicity   Victoza
<b>Hypertension</b>	Benazepril   Captopril   Enalapril   Irbesartan   Lisinopril   Losartan   Olmesartan   Ramipril   Valsartan
<b>Statins</b>	Atorvastatin   Lovastatin   Pravastatin   Rosuvastatin   Simvastatin

## Medication adherence suggestions for patients:



EMPHASIZE THE BENEFITS OF TAKING THE MEDICATION.



ENCOURAGE PATIENTS TO USE A WEEKLY/MONTHLY PILLBOX.



PROPOSE THE USE OF A SMART PHONE APP WITH PILL REMINDER ALERTS.



RECOMMEND PLACING MEDICATIONS IN A VISIBLE AREA.



SUGGEST A MAIL-ORDER PHARMACY TO REDUCE COST AND BURDEN.